



ChildPlus Number:

REFERRAL TO: INFANT & EARLY CHILDHOOD MENTAL HEALTH SUPPORT

Date: _____

Family Information

Family Funding sources (please check all that apply):

☐ EHS

☐ HS

☐ IS

☐ TB

☐ UPK

Child's Name: _____ Date of Birth: _____

Siblings/ages (If enrolled in PSD please list school and grade)

Parent/Guardian Name(s): _____

Home Address: _____

Home Phone: _____ Best time to call: _____

Health Coverage: ☐ Medicaid ☐ CHP+ ☐ Private: _____

Home Language: _____

School & Staff Information: *place check(s) beside those who provided referral information*

☐ Family Mentor/ Specialist: _____ ☐ School & Teacher: _____ ☐ Other(specify): _____

Parent/Guardian(s) have been told about EC Mental Health Support ☐ Yes ☐ No

Reason for Referral (check all that apply)

☐ Inappropriate behavior (specify): _____

☐ Toileting skills concerns

☐ Parents expressed interest in receiving counseling

☐ Withdrawn, isolated, secretive behavior at home or school

☐ Concerns about family (recent divorce, separation, etc)

☐ Possible abuse concerns

☐ Crisis in family

☐ Post-Partum Depression

☐ Death in family

☐ Disruptive behavior at home

☐ Disruptive behavior in class

☐ Concerns about attachment/bonding

☐ Parent reports depressed/anxious/overwhelmed

☐ Concern that parent has inappropriate expectations

Specify Referral :

Additional Information:

Strategies that have been used thus far: *specify*

☐ redirection

☐ classroom/behavioral observation

☐ time out

☐ consultation between teacher

☐ discussion with parents

☐ help with referral to outside agency

☐ other classroom management techniques

☐ other/specify:

☐ family service provider/mentor contacted

Primary need:

☐ call parent(s)

☐ assessment

☐ short term counseling for parent(s)

☐ provide parent(s) with information

Collaborations & Referrals Other Professional(s) consulted?

(list names if yes):

PSD:

Community:

Referred parents to (specify):

Teacher/Mentor/Staff Signature: _____

Please send original copy: to Melissa Kimball, Cheryl Refuerzo, and Greg Strutz, Fullana Learning Center

Revised: 9-4-2024